

Julie Lavender

Broadcaster, author, musician, and public speaker, Julie Lavender, is a rare blend. She's a heartfelt composer and jazz musician, a classically trained guitarist and pianist, who is naturally inclined to swing. Julie is a studio pro, producer of a nationally-syndicated jazz radio program, and an influencer who thrives on creative innovation and connecting with her audiences. But not so long ago, Julie was paralyzed by stage fright. Now, as an overcomer of disabling performance anxiety, she has a passion to help others beat their fear and anxiety. Julie trains people in the life-skill of fear-free living, using a multi-dimensional approach that helps them beat their paralyzing fears to take center stage in their own stories and rise to fulfill their roles in the momentous, unfolding narrative of our time.

“Julie Lavender’s awareness of both the neurological, emotional and spiritual elements of healing, plus her obvious compassion, make her capable of bringing real encouragement to those of us seeking restorative spiritual power and healing for some of our deepest personal wounds.”

— Rich Nichol, Sr. Rabbi Ruach Israel Congregation

“Julie Lavender is a truly gifted teacher who has an impactful message to share with the world. So many of us live lives stuck in the paralysis of fear and anxiety, feeling as though there were no way out. Julie’s hands on and practical material is beautifully intertwined with spiritual truths and creative healing power – the open doorway that so many have been searching for.”

— Nathan Joiner, Director “The Healing Way” Conference

www.julielavender.com